If you want to tell your friend something, what do you do? That’s right. You go up to that person and say, “Hey, I want to tell you something.” Then you share a funny story, whisper a secret, or let him know about what you learned in school today. It’s fun.

But, what if your friend lived far away? What if he moved to a city that was in another state or even another country?

Look at the pictures and circle what you would use to share your thoughts with your faraway friend. Maybe you would use all three!

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My Friend Ellen Wrote

When Ellen White was a little girl, she wanted to learn all she could about God. So, she asked Jesus to come into her heart and be her Teacher. Through the books that Ellen wrote after she became an adult and helped to start the Seventh-day Adventist Church, God has been able to teach other people about Himself too.

Here’s what Ellen wrote about the Bible, God’s Holy Book:

“In childhood, youth, and manhood, Jesus studied the Scriptures. As a little child He was daily at His mother’s knee taught from the scrolls of the prophets. In His youth the early morning and the evening twilight often found Him alone on the mountaintop or among the trees of the forest, spending a quiet hour in prayer and the study of God’s word” (Education, p. 185).

Why not choose a quiet place in your house to spend a few moments each day thinking about God? You could read or listen to a story about Him too.

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Fun Facts

THE AMAZING BRAIN:  
The number of thoughts that it is estimated the human brain produces on an average day.  
70,000!*
When Jesus lived on this earth, He talked to people face-to-face. He went right up to them and said, "Hello. How are you doing? Are you happy today?" Then the people would say things like, "Oh, I'm sick today," or "Oh, I'm lonely today," or "Oh, I don't know what to do with a big problem I have in my life." Jesus would nod His head slowly, think for a minute, and then He'd say something kind and loving to them. He'd heal their sickness. He'd be their Friend so they wouldn't be lonely anymore. He'd talk to them about their problem until they decided what to do. Jesus loved to talk to people.

**Draw a picture here of Jesus talking to someone.**
Maybe it's someone sick in bed or sitting alone in a field of flowers. Maybe it's a person in a boat. You decide where Jesus is talking:

Now Jesus lives in heaven. But He still wants to talk to us. He still wants to tell us how to get well when we're sick. He still wants to help us with our problems. He still wants to show us that He is our Friend. How does He do that?

Does He use this?

Does He use this?

Does He write us a letter?

**YES!** The Bible is God's letter to us! It's Jesus talking to us from heaven!

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**Fun Facts**

**THE LARGEST BIBLE:**
When laid open, the Waynai Bible measures 43.5 inches tall and 98 inches wide. Closed, the spine is 34 inches thick. The book has 8,048 pages and weighs in at 1,094 pounds!*


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**My Bible**

Would you like know more about the Bible? Fill in the blanks of the following Bible verses to learn more about this wonderful letter from God. You'll find the words in the LIBRARY section of this lesson. Just look for the same Bible text:

What does Jesus say you'll have when you read His words in the Bible?

"'All your ______ will be taught by the Lord. And they will have much ______'_" (Isaiah 54:13).

What does Jesus promise in the Bible?

"' ________ to me, all of you who are ________ and have heavy _________. I will give you ________' " (Matthew 11:28).

"'I leave you _________. Don't be ________' " (John 14:27).

"'I will bring back your _________. And I will ________your ________' " (Jeremiah 30:17).

**My Prayer**

Thank You, Jesus, for wanting to talk to me each day. I'll look for Your words in my Bible and when I hear a story about You at church or in school. I want to be Your friend forever. Amen.